

Yn y Lwp!

(In the loop - Ysgol Cwm Brombil's Weekly Bulletin)

In this edition:

- Social Media Accounts
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- Sporting News

Spring Term / Tymor y Gwanwyn

Half Term : Monday 24th February - Friday 28th February /

Hanner Tymor: Dydd Llun Chwefror 24 - Dydd Gwener Chwefror 28

End / Diwedd: Friday 11th April 2025 / Dydd Gwener 11 Ebrill 2025

Week Beginning - Monday 24th February 2025

Monday		HALF TERM
Tuesday		
Wednesday		
Thursday		
Friday		

Week Beginning - Monday 3rd March 2025 Week 1

Monday		
Tuesday		
Wednesday		
Thursday		Year 11 PPE Results Day
Friday		School Production Rehearsal Weekend

Our exciting program of Enrichment is available on our website:

[Ysgol Cwm Brombil Enrichment Programme](#)



Ysgol Cwm Brombil Social Media Accounts

We are glad to announce that we have created our very own Ysgol Cwm Brombil Instagram account. We also have Instagram account of other departments in our school. Why not follow some of our accounts.



Ysgolcwmbrambil



YCB_Garden



YCB_PE



YCB_mfl



YCB_Science



YCB_performingarts



YCB_Primary



YCB_GivingClub



YCB_geography

SLEEP HYGIENE

Five effective tips to establish a healthy sleeping habits

Stay clear of stimulants late in the day.



Avoid drinks and foods that contain caffeine

Regular Activity



Regular exercise routine can help contribute to improved sleep. At least 1 hour a day



Create a relaxing bedtime/pre-bedtime routine.

A relaxing activity about an hour before bed helps creates a smoother transition.

Stick to a consistent sleep schedule.



Going to bed and waking up at the same time every day

Unplug an hour before bed.

Keep screen use to a minimum, switch off at least an hour before bed,



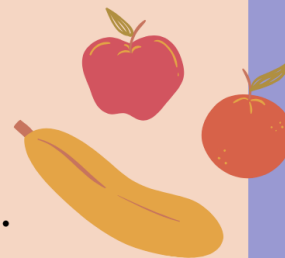
Keep your room cool and comfortable.

Ideal for sleeping is cool, quiet, and dark.



Avoid eating high sugar/fatty foods late that may disrupt sleep.

Laying down right after a big meal, your digestive juices are still working



Attendance Information



Our attendance target for all students is 100% and our **minimum expectation is 95%**. The infographic above shows the impact of days missed and minutes late can have on a child's learning.

For example:

- If a child is **late to school just 5 minutes** each day, throughout the year that equates to **3 dayslost to learning (15 hours)**.
- Attendances of **97%** allows for one day of absence per half term and results in **30 hours lost to learning**

Important Reminders:

1. Parents **MUST** contact school to report any absences on **01639 760110 before 8.30 am**.
2. Parents should contact the school **each day** that a pupil is not attending.
3. If the school are not notified, then **you will be contacted** by a member of the Attendance team to find out why your child is not in school.
4. If you child is not notified of the reason for the absence it will be recorded as **unauthorised absence**.
5. If there are three unauthorised absences in a row, the Safeguarding Lead and Education Welfare Officer will be made aware to ensure that you child is safe.
6. You will be required to produce medical evidence if you state that your child is ill for 3 or more consecutive days.
7. We will ask the school Healthcare Professional to contact you if there is an absence of more than 2 weeks.
8. Term time leave will only be granted by the headteacher on request.
9. Where possible, **all appointments should be made outside of the school day**.



School Uniform Expectations

All students are expected to wear school uniform throughout the school day.
Below are uniform guidelines for both boys and girls, as well as PE Kit:

All pupils Year 7 to 11		
Blazer	Black school blazer	Available from Bergoni. Blazers must be brought to school and worn every day.
Shirt	White shirt with collar.	Can be purchased from any retailer.
Trousers	Plain black tailored uniform style trousers.	Jean style, corduroys, skinny or casual trousers are not permitted.
Skirt *	Plain black school uniform style skirt.	Skirts should be an appropriate length.
Tights	Plain black tights	Tights are to be worn with skirts and can be purchased from any retailer.
Shoes	Black shoes with black laces.	Available from any retailer. Black leather converse shoes are permitted. NO TRAINERS
Tie	School tie.	Available from Bergoni.
Jumper	Black with badge.	Available from Bergoni. Jumpers are optional.
Shorts	Black tailored shorts.	Only for the summer term. Not PE shorts.
Outdoor coat/Jacket	Coats should be waterproof and black in colour.	Available from any retailer.
Socks (only if not wearing tights)	Ankle height, plain black or white.	Available from any retailer.
<p>Please note hoodies are <u>not</u> allowed in school. Any pupil who refuses to remove them during the day will have them confiscated.</p>		
Physical Education		
Unisex T Shirt	Available exclusively from Bergoni	
Rugby Jersey	Available exclusively from Bergoni	
Shorts	Available exclusively from Bergoni	
Socks	Available exclusively from Bergoni	
Unisex ¼ zipped top	Optional item. Available exclusively from Bergoni	
Plain black tracksuit bottoms	Optional available at any retail store	
Skort or Legging (recommended to go a size bigger than your normal clothes size as they are smaller sizes.)	Available exclusively from Bergoni	
<p>Please note, even on PE days, hoodies are not allowed in school. Pupils are expected to wear a long sleeve PE top when cold.</p>		

For further information regarding our uniform expectations please see our [school website](#):

Sporting News & Success

Basketball

An excellent day of basketball for this group in the yr 11-13 [@basketball_wales_schools](#) regional competition. Fantastic attitude and determination throughout while displaying some high level skills. Great day of work!



Rugby

Great effort and commitment by the year 9 boys who played in a rugby festival yesterday. Some excellent skills on show. Thanks to YBB for hosting.



Technocamps



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For ages 13 - 16!

GIRLS IN STEM FREE HALF TERM WORKSHOP

Join us for a dynamic workshop featuring interactive sessions and an inspiring career talk! Gain the confidence, skills, and insight to pursue your path in STEM and shape your future.



Scan me or visit
tc1.me/girls-in-stem
to sign up!

FRIDAY 28TH FEBRUARY | 10 AM - 1.30 PM

Technocamps HQ, 2nd Floor, Margam Building, Swansea University,
Singleton Park Campus, Swansea, SA2 8PP

**FREE LUNCH & TRANSPORT AVAILABLE FROM
NEATH PORT TALBOT***

Suitable for ages 13 - 16! To find out more information email info@technocamps.com

*Transport pick up points will be emailed a week before the event.

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Swansea University
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CODING
in wales

Brombil Barracks Announcement

Brombil Barracks is a welcoming support group at Ysgol Cwm Brombil for service children. Welsh Government define service children as:



A 'Service child' has parent(s) or person(s) exercising parental responsibility who is/are Service personnel serving:

- *In HM Regular or Reserve Armed Forces – Royal Navy and Royal Marines; British Army and Royal Air Force,*
- *Or- Is an Armed Forces Veteran who has been in Service within the past two years,*
- *Or - One of their parents died whilst serving in the Armed Forces and the learner has received a pension under the Armed Forces Compensation Scheme or the War Pensions Scheme.*

If your child falls into this category and we are not aware please contact the school to inform us so we can provide appropriate provisions. Please find useful links and tools below to support your service children at home. We would encourage you to share any future deployments with us and if deployed parents require communication from staff regarding pupil progress please contact us and we can accommodate this. Mrs Stanton (B12) and Mrs Sims (B14) are available for pupils drop ins at any time.

SSCE Monthly Bulletin:

[SSCE Cymru :: Monthly school bulletin](#)

SSCE Family Guide:

[SSCE Cymru Service family guide](#)

Little Troopers at home:

[Little Troopers at Home - Little Troopers](#)

Further support for service children with ALN:

Education Advisory Team (EAT)

X accounts:

@SSCECymru

@LittleTroopers

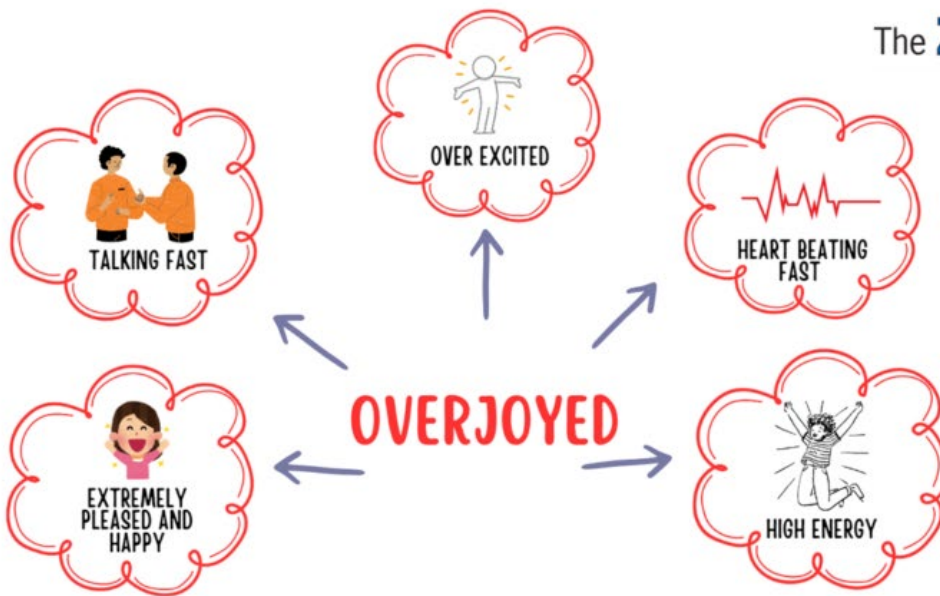
Future Military Opportunities:

[Motivational Preparation College for Training \(MPCT\)](#)

[The Reserve Forces' and Cadets' Association \(RFCA\) for Wales](#)

SSCE
CYMRU

The ZONES of Regulation™



WHAT I MIGHT LOOK OR ACT LIKE:

- BLUSHING OR RED FACE
- LOTS OF ENERGY
- HYPER
- TALKING LOTS
- FIDGETING
- TALKING FAST

STRATEGIES I COULD TRY:

- STOP WHAT YOU ARE DOING
- ASK FOR A BREAK
- TENSE AND RELAX

EMOTION OF THE WEEK

The Pantry

Our weekly food bank is open every Thursday from 3.15. This is available to anyone within our school community, no referral needed, please just drop in as and when needed.

We all need a little help sometimes. Entrance to the Food Bank – The Pantry is accessed via the pupil entrance in the senior phase school, inside the canteen area.

Refreshments will be provided for everyone waiting, we look forward to seeing you, please remember to bring your bags with you.



Donations

We are always grateful for any donations that you can provide towards our food bank, we always need the below items. There is a drop off trolley in reception:

- Tinned Goods:
 - Meats – hotdogs, minced beef, pies, meatballs, curries etc.
 - Beans
 - Beans and Sausage
 - Spaghetti
 - Tinned Veg
 - Potatoes,
 - carrots,
 - peas,
 - sweetcorn
 - Tuna
 - Tinned fruits
- Cereal
- UHT Milk
- Pasta – including sauces
- Toiletries
 - Shampoo,
 - Shower gel,
 - Conditioner,
 - Toothpaste
 - Toilet rolls

*Please NO sanitary products, we have lots in stock



THANK YOU FOR YOUR SUPPORT

Term dates for 2024-25

Autumn Term, half term 1 2024-25	
Tuesday 3 rd September 2024	Year 7 & 11 attend school
Wednesday 4 th September 2024	All pupils attend school
Friday 25 th October 2024	Last Day of half term 1
Half Term holiday - Monday 28 th October 2024 – Friday 1 st November 2024	
Autumn Term, half term 2 2024-25	
Monday 6 th November 2024	Term starts
Friday 29 th November 2024	Staff INSET (Training) Day
Monday 2 nd December 2024	Staff INSET (Training) Day
Friday 20 th December 2024	Last Day of half term 2
Christmas Holiday – Monday 23 rd December 2024 – Friday 3 rd January 2025	
Spring Term, half term 3 2024-25	
Monday 6 th January 2025	Half term 3 Starts for all pupils
Monday 17 th February	Staff INSET (Training) Day
Friday 21 st February 2025	Last Day of half term 3
Half Term holiday - Monday 24 th February 2025 – Friday 28 th February 2025	
Spring Term, half term 4 2024-25	
Monday 3 rd March 2025	Term 4 Starts
Friday 11 th April 2025	Last Day of half term 4 for pupils
Easter holiday - Monday 14 th April 2025 - Friday 25 th April 2025	
Summer Term, half term 5 2024-25	
Monday 28 th April 2025	Term 5 Starts
Monday 5 th May 2025	May Day Bank Holiday
Thursday 22 nd May 2025	Last Day of half term 5
Friday 23 rd May 2025	Staff INSET (Training) Day
Half Term - Monday 26 th May 2025 - Friday 31 st May 2025	
Summer Term Half term 6 2024-25	
Monday 2 nd June 2025	Half term 6 Starts
Friday 18 th July 2025	Last Day of half term 6 & End of school Year

